

# SHELBY RACING CO-OP

Offered to all sailors who participate in the Florida East Coast Series



## **Mission**

The goal of the Shelby Racing Co-Op is to make Opti sailing at a high level both accessible and affordable for all sailors that participate in the Florida East Coast Series. Youth Sailing Foundation of Indian River County has brought in a high level Opti racing coach to the region, and would like to use the opportunity to share his knowledge with all sailors looking to practice with the intensity needed to be competitive at high level regattas. The team will offer open practices, clinics, and regatta coaching to all sailors who are interested and willing to travel.

## **Special Instruction - ROBERTO AYALA**

Roberto Ayala came to YSF in the fall of 2020 with an extensive sailing resume to help build and immerse a competitive spirit into our Opti Racing program. Roberto grew up sailing and racing optis, lasers, FJs, and now the Star at the California Yacht Club of Marina Del Rey. Roberto traveled to Belgium in 2007 with the Opti National Team to race in Flanders. In 2012 Roberto raced in the laser class at the U21 worlds. In 2021 Roberto was named the Youth North American Champion in the Star class, which he actively races in throughout the year.

As a coach Roberto apprenticed with professional coach Manny Resano in Marina Del Rey for 5 years. During that time he coached the top girl at Spring Team Qualifiers, and has helped bring 12 kids onto the national team. He loves to coach the Opti and has a keen eye for technical details and execution that is required to be successful in the Optimist.



## **Program Details**

Roberto will run Saturday practices from 11 – 4 p.m. The structure is as follows:

- 11 a.m. – arrival at classroom
- 11 – 11:45 – video session
- 11:45 – 12:15 – Rig
- 12:15 – 12:45 – lunch and chalk talk
- 12:45 – 3:30 – Sailing
- 3:30 – 4 p.m. – derig/debrief

Regattas that Coaching will be provided at:

Saturday Training Sessions will start Aug.27th

- All Florida East Coast Series
- All Miami Bay Series
  
- Labor Day @ Sarasota Youth Sailing
- River Romp @ Edison Sailing Center
- Halloween Howler @ Coconut Grove Sailing Center
- USODA Midwinters @ Southern Yacht Club
- Junior Olympics @ US Sailing Center of Martin County
- Valentine's Day @ St. Petersburg Yacht Club
- Buccaneer Blast @ Sorensen Sailing Center
- Sunshine States @ US Sailing Center of Martin County
- Team Trials @ St. Petersburg Yacht Club
- SailFest @ Sarasota Youth Sailing
- USODA Nationals @ TBD

Roberto will coach sailors under their Club Bergie with a “/” Shelby Racing Team, this is so the Organizing Authority understands who the coach is of the sailors racing with Roberto, but clubs get credit for their sailors.

## **Cost**

Co-op Sailors will have access to all Saturday practice sessions throughout the 2022-23 season, as well as on-site training before all major events! The cost is \$30 per day, for all practice and regatta coaching.

The sailors are welcome, and encouraged to bring their own boat to practices, and regattas. However if you do not own a boat, or don't want to bring a boat. We do have charters

available for \$25 per day

## **Registration**

Please go to the YSF webpage to register. Click on our sailing programs and register for the Shelby Co-op or click on this link: <https://www.ysfirc.org/sailing-programs/>. You will fill out the waivers to sail on our property and we will contact you from that point to find out how you would like to be billed.